

Keep Calm & We Carry On

Throughout the pandemic, this newsletter has become more than a way to keep teams informed company-wide. We quickly discovered it helps people feel more connected through education, humor, and honesty – something we will continue to do in 2022 as we carry on together.

News & Notes

- The City of Good Neighbors has united to support members of the East Side of Buffalo, NY, in response to the tragic shooting at Tops on May 14:
 - Recording artist [Marsha McWilson sang words of hope and support](#).
 - After the cast and crew of “Ain’t Too Proud – The Life and Times of the Temptations” finished their performance at Shea’s in Buffalo on Sunday, May 15, they had [a moment of reflection](#) as tribute to the victims who lost their lives the day prior.
 - Last week, the Buffalo Bills had more than 100 players, coaches and staff members who spent the day with the community, [visiting the memorial site before distributing meals](#).
- Prioritize your [mental health and emotional needs](#) always, but especially during this time of healing.
- [Burnout is real](#), and more than 89% of professionals say they suffer from it. Discover how to assess what’s causing you to feel burnt out and figure out a way to find balance.
- Buffalo’s poet laureate, Jillian Hanesworth, [shared advice](#) with the community: lean into the pain.
- The Resource Center of WNY is in desperate need of toiletries, baby products and basic household items. Donate through their [Amazon Wishlist](#), or drop donations off at 347 E. Ferry Street, Buffalo, NY 14208.

Company Updates

- Two community funds have been created in response to the shooting at Tops on Jefferson Ave. National Fuel is making a \$100,000 gift to this effort. Details are as follows:
 - **Buffalo 5/14 Survivors Fund:** This fund was established by Tops, in partnership with the National Compassion Fund, to provide financial assistance to the survivors of the deceased and those directly affected by this tragedy.
 - **Buffalo Together Community Response Fund:** The Community Foundation for Greater Buffalo, in partnership with United Way of Buffalo & Erie County and dozens of philanthropic partners, has initiated a coordinated philanthropic response to listen and respond to the broader community needs in the coming weeks and months.
- EDGEFuel spoke with local therapist Tara Benson on May 19. View her suggested resources:
 - Books on [how to be a better ally](#)
 - [Restorative Yoga](#) to Help Heal Racial Trauma
 - Tara Benson’s practice, [Therapeutic Sanctuary Counseling & Play Therapy Center](#)



Faces of Fuel

The Jefferson Community Support Center (located at the Resource Council of WNY) has been established to aid members of the community who utilized Tops on Jefferson for services beyond grocery shopping, providing assistance with utility payments, banking and mental health resources. National Fuel has joined other community organizations from 9:30 a.m. – 1 p.m. and 6:30 p.m. – 9 p.m. daily to provide information and assistance as the store remains closed. Pictured are Faces of Fuel Tanya, Nikki and Takesha (top), and Dae’Ja (bottom).



May 25, 2022

From the desk of
Sarah Washington

“Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.” – Martin Luther King, Jr.