

Keep Calm & We Carry On

SPECIAL EDITION

This special edition of Keep Calm highlights resources and ways you can help in response to the tragedy that occurred in Buffalo at Tops on Jefferson Avenue on May 14, in an area where our colleagues and customers live and work. Right now, as members of the Western New York community, we are facing many challenges and our community is hurting. If you want to help or you need help, speak out. Please take care and take care of each other.

Ways to Help Now

- FeedMore WNY is distributing food at the Johnnie B. Wiley Pavillion (1100 Jefferson Ave., Buffalo, NY) from May 18 – May 27 from 1 p.m. – 9 p.m. Volunteer by [signing up here](#).
- Resource Council of WNY is distributing food (347 E. Ferry St., Buffalo, NY) Tuesday, May 17 – Friday, May 27 from 9 a.m. – 9 p.m. [Sign up here](#) to volunteer.
- Donate food and resources to assist with local food distributions. Donations can be dropped off at the FeedMore WNY warehouse (91 Holt Street, Buffalo, NY 14206) from 8 a.m. – 4 p.m., Monday – Friday, and 8 a.m. – Noon on Saturday.
 - Requested items: nonperishable protein items, shelf-stable fruits and vegetables, beverages and snack items. Shampoo/conditioner, body wash, lotions, toothbrushes/toothpaste, deodorant, feminine products, toilet paper, diapers/depends, adult/baby wipes, baby formula, paper towels, razors/shaving cream, and other daily use products.
- Verified [GoFundMe fundraisers](#) have been created. Make a monetary donation in support of victims, families and the community. Be sure to [avoid any fundraising scams](#).

Ways to Get Help

- Crisis Services Hotline available 24/7: 716-834-3131
- ECMC counseling/behavior health services: 716-898-1594
 - Monday-Friday: 8:00 a.m. to 10:30p.m. Virtual visit scheduling: <https://t.co/hNZdSq1yPn>
- 211 – The number to call in WNY if someone is in need of food access, transportation, crime victim services or emergency financial assistance. Text your zip code to 898-211 to get connected to services, too.
- Spectrum Health & Human Services' free, confidential support line available Monday - Friday, 8 a.m. – 7 p.m. via 716-566-6506.
- [View a list](#) of ways to get involved and resources compiled by Leadership Buffalo.
- [Olmstead Parks](#) is a community space for all in need for healing, reflection and gathering.

**STOP HATE.
END RACISM.
CHOOSE LOVE.**



May 19, 2022

From the desks of
Annika Samuels &
Sarah Washington

"We as a community will rise again, stronger than before." – Mayor Byron W. Brown